

TURBAN TIMES

MT SINAI #3



October 2025

Issue #10

Potentate: Donald Karlovich

Recorder: Mike Gunn

Treasurer: Alton Willard

address: 2 Academy St, Barre, VT 05641

What's New

Hospital Happenings
Community News

What's coming Up?
Sick Call
Black Camel



Shriners Children's - Canada

100 YEARS

37th Shrine Bowl

We are thrilled to celebrate the 37th Edition of the Shrine Bowl, right in the heart of our hospital centennial year!

From our inspiring patient ambassadors Maya & Liam to the exciting football atmosphere on the field, today is all about teamwork, community and making memories together. A big thank you to everyone who joined us in celebrating this special event!



Shriners Children - New England



Fezzy is beary excited to celebrate 100 years of care at Shriners Children's New England, and there's no better day than National Teddy Bear Day.



Shriners Children - Boston

Maci's Story:

“My biggest advice to other burn survivors, no matter where they are at in their journey, is truly to just keep going.”

Maci, former Shriners Children's Boston patient



“I’m grateful for where I am, where my story has taken me,” said Maci. “I got married on my burn anniversary to take my day back. I turned the worst day of my life into the best day of my life.”

Maci is a burn survivor who is thriving after receiving care at Shriners Children’s Boston. She sustained second- and third-degree burns when she became trapped in a house fire as a teen. Maci credits Shriners Children’s with helping shape the person she has become today.

Read More at:

<https://www.shrinerschildrens.org/en/news-and-media/patient-stories/2025/08/maci-burn-care-story>

Meet the Imperial Officers

Matthew Sturlaugson (Imperial High Priest & Prophet)

Fraternities and Philanthropy



Matthew Sturlaugson, of West Fargo, North Dakota, is serving his sixth year as a member of the Boards of Directors for Shriners International and Shriners Children's™. He was elected Imperial High Priest & Prophet, part of the 12-member body that helps govern the Shriners fraternity, during the Shriners 2025 Imperial Session held June 29-July 3 in Atlanta, Georgia.

read more at:

<https://www.shrinersinternational.org/en/who-we-are/leadership/imperial-divan/matt-hew-sturlaugson>

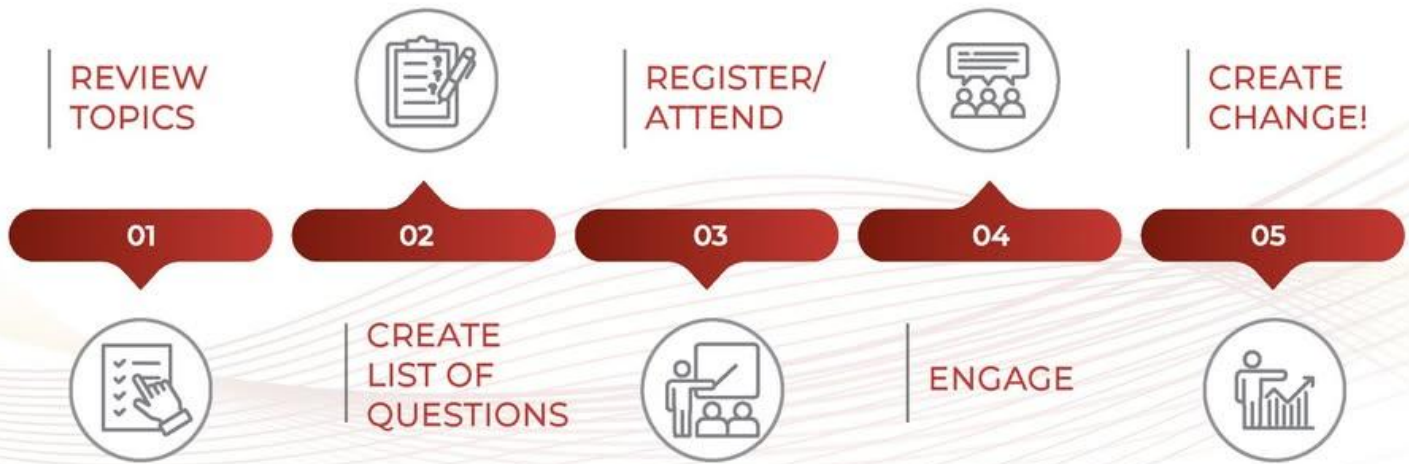
- Master Mason, Lebanon Lodge #34, Langdon, North Dakota, 2003
- Plural member, Shiloh #1, Fargo, North Dakota
- Member, Ancient & Accepted Scottish Rite, Valley of Fargo
- Member, KEM Shriners, Grand Forks, North Dakota, 2003
- Member, El Zagal Shriners, Fargo, 2004
- Provost Guard, El Zagal Shriners
- Member, North Dakota Shrine Bowl Board of Directors, 2004-2020
- Chairman, North Dakota Shrine Bowl, 2007-2014
- Potentate, El Zagal Shriners, 2015
- Founder, units and clubs including Young Shriners (YOSHI) and Techies, El Zagal Shriners
- Regional Membership Director, Region 4, Shriners International, 2016-2018
- Executive Membership Team, Shriners International, 2018-2020
- Leadership Seminar Team, Shriners International, 2016-2022
- Program Coordinator, Temple Leadership Seminars for Oriental Guides and Assistant Rabbans, 2019-2022

Personal

- A legacy Shriner, Sturlaugson is dedicated to his family and is intentional about balancing his time with them. He and his wife, Mandii, have three children, Kayli, Carson and Gabriella. The couple support the concept of a Shrine family and believe a family that plays together stays together. In 2018, the Sturlaugsons' youngest daughter was diagnosed with scoliosis and became a Shriners Children's patient. The experience has provided the Sturlaugsons with new insight into the fraternity and philanthropy, through the lens of a patient family.

Shriners International

HOW-TO AMA (ASK ME ANYTHING)



Join us for our inaugural Shriner U Ask Me Anything session, Engaging Firefighters, featuring insights from Chris Smallwood, Noble at Murat Shriners, on October 7 at 1 p.m., ET. This dynamic, interactive experience is your chance to get real-time solutions to the questions that matter most. Register today!

<https://ow.ly/PPLF50X0xrC>

Message from Imperial Sir Brad Koehn

[#shrinersinternational](https://www.mountsinaishriners.org/)

Dear Fellow Nobles,

As Masons and Shriners, we have the privilege of building brotherhood with men of every background, sect, religion, and political thought. Far from dividing us, these differences make us stronger. Our desire to serve one another and our community unites us, and gives us to understand that we are each a part of something larger than ourselves.

The recent news has been horrific — a public figure assassinated at a speaking event, another school shooting, the murder of a woman on a train, all happening as the country is remembering the lives lost 24 years ago during the 9/11 attacks.

Nationwide, it's sparking shock, sorrow and a lot of conversation.

As Masons, we are committed to unity of purpose. We know that politics and religion can be divisive, and that this division only serves to distract us and detract from our mission. That's why we avoid such discussion within our lodges. This principle of preserving unity has served us well for over 300 years.

As Shriners, we further understand how important it is that our words and actions project character and compassion — because we are the caretakers of our philanthropy. We must protect the reputation of the fraternity, because we rely on that reputation to attract support for Shriners Children's from donors, referring physicians and patient families.

That's why we, in our capacity as Shriners, must avoid interjecting ourselves into passionate political discussions. Fraternity members are certainly able to express their own personal political views, but we must never do so while being identified as a Shriner, while working as a Shriner, or while wearing the fez.

Our calling is higher than interjecting ourselves in the political drama of the hour.

We want our fraternity to be seen as a force for good in a troubled world. Instead of being drawn into the fray, let us reflect on these tragic events and strive to grow in understanding and compassion.

Through our words and deeds, we can lead the way in mending our country, demonstrating character, compassion and a devotion to unselfishly making the world a better place for all.

Yours in the faith,

Brad T. Koehn

Imperial Potentate

Motor Corp at Northfield



Fun in PEI- Friday Highlights





PEI - continues fellowship



NSA: PEI - Saturday



Chief Rabban Message

Greeting Nobles and Ladies,

Hi all, with just returning from PEI after a fun weekend of fellowship with both our wonderful group but also counterparts and Imperial officers. It was a great turnout for Mt. Sinai with Illustrious Donald, PP Mike P, PP Bruce, HPP Mike B, OG Jim W and their ladies. Looking forward to 2026 in Cape Cod and hope that our parading units can join us as well! See you all on the 11th for Fall Ceremonial

Fraternally Yours,

Gary B. Luman

PP 2020/CR 2025

Hospital Board News

Greetings from Shriners Children's Boston,



The 6th Annual Haunted Walk is Sunday, October 19th 10-12pm in Boston. It is getting closer to walk time and my Goal.

My fundraising page: <https://donate.lovetotherescue.org/fundraiser/6351747>

September Board Day was exciting as the Food Crew made a Turkey Dinner for lunch, which I could see some Nobles catching a nap....good thing I went with a sandwich. Speaking of Food Crew, they just had their annual inspection, and we were told that the floors were so clean you could eat off from them and they passed with flying colors. Also, the Mass Health Team will be doing their inspection in the next week or 2, which is separate from the Joint Commission survey that is scheduled to happen early to mid-December. Lots of moving pieces are happening right now as they seem to be in crunch time. They had a Mock walk-through survey this past week with a special Guest (Our own Noah), and I heard many good things about him being present. The Pharmacy's new, improved "Clean Room" is scheduled to begin this next week. 2 New garage doors have been ordered to replace the old ones that failed a while back. Then we have been put on notice about how to we need to attract more Patients to Boston Shriners. Numbers need to increase, and one thought was to open back up to International Patients seeing we are close to an airport. This was slowed to a stop due to COVID and a few other factors. More to come as we size up a plan and act on it.

Presented a check to the hospital from Motor Corps collection of tabs. A Thank You will be sent to the business where Motor Corp redeems the tabs.

Jim, PP 2021

Message from your Oriental Guide

From the OG's desk:

Lady Dale and I have just returned from the Northeast, held in Summerside, PEI, Canada, and I'm happy to report that we had an amazing time. On the ride, we enjoyed peak foliage through Maine, and the beauty of the Maritimes cannot be matched. The host temple, Philae, did an incredible job, seeing that initial plans for 300 turned into 600+ attendees without a problem.

We feasted on lobster, became an "honorary Islander" from the Spuds Degree, made new friends, drove one of Anah's boats in the parade, and overall were impressed not only by the beauty of the place, but the friendliness of the locals did not go unnoticed. I'm also making progress in re-establishing the Hillbilly clan at Mt. Sinai and hope many of you sign up once we finalize the project. I'll close by encouraging all Nobles to attend these and other Shrine events, as it is not only for the divan but for all of the nobility.

Be well

Jim Walsh

Oriental Guide 2025





“I’m so glad I live in a world
where there are Octobers.”
~Anne of Green Gables

- **October 1st is Taco Day + Pumpkin Seed Day**
- **October 7th is Propane Day + Chocolate Covered Pretzel Day**
- **October 8th is National Hero Day**
- **October 15-21 is Snow Blower Maintenance week**
- **October 20th is Youth Confidence Day**



Announcement

Nobility,

It is with great sadness we are announcing that Mike Gunn has expressed his desire to step down from the position of Recorder at the conclusion of his current term.

After many years of service, his shoes will be big ones to fill. He has generously prepared documentation to assist the next torch bearer. He has also reached out and offered to sit with anyone who might be interested in running for this position.

Quick overview (not all encompassing) of what the expectations will be for this position.

1. The candidate will be required to attend all stated meetings.
2. The candidate will be required to attend the monthly Divan meetings.
3. Candidates will be required to be in the office at least 1 day every week.
4. The candidate will be responsible for maintaining an open line of communication between the Imperial office and the divan.

Please reach out to Chief Rabban Gary Luman and Mike Gunn, Recorder, as soon as possible.

If you have any questions about the position's requirements, please reach out, and arrangements will be made to discuss with the relevant personnel.

Gary Luman - galuman2020@gmail.com

Mike Gunn - recorder@mountsinaishriners.org

Important Dates to Remember

October 11, 2025

Fall Ceremonial:

Please join us for the last Stated meeting of 2025 before Chief Rabban day. This a good opportunity to discuss with others how you can help your temple grow and prosper, if so desired, make your candidacy known for elections in December. Let's bring back true elections!

December 6, 2025

Chief Rabban day! this is election day. You will also get to hear the plans for the upcoming year. Please plan to attend and let your voices be heard. Light lunch and fellowship will be served.





Next Bingo: 23-November

Next scheduled unit: **Fire Brigade**

Bingo is always looking for more volunteers and players

Units you don't have to wait for your assigned month to join in the fun

2025 Divan

Potentate - Donald Karlovich

Chief Rabban - Gary Luman

Assistant Rabban -

High Priest and Profit - Michael Bergeron

Oriental Guide - James Walsh

Recorder - Mike Gunn

Treasurer - Alton Willard



Editorial

Reminder: All Nobles and their ladies are invited to participate in any of the posted visitations - these are a great way to get to know nobles from other temples

Fall Ceremonial is the time to let everyone know of your candidacy for any elected position.

Membership is the life blood of the Temple. Any ideas to improve membership please share!



October

11 - Fall Ceremonial - Barre 9:30a

18 - 100th Anniversary Gala

19 - Boston Haunted Walk

24-26 - Tri Visitation - North Conway

November

23 - Bingo - Fire Brigade

December

6 - Chief Rabban Day - elections

28 - Bingo - Motor Corp



2026 Bingo Schedule

Note: There will be no Bingo in April or June

Please watch the announcements for any changes that might be needed

11- January

1- February

1 - March

31 - May

5 - July

9 - August

Stay tuned for the remainder of 2026 and unit assignments





100th *Anniversary Gala*



Shriners
Children's™
New England

Celebrates a Century of Amazing Care

AT THE MASSMUTUAL CENTER
1277 MAIN STREET SPRINGFIELD, MA

OCTOBER
SATURDAY 18 6:00PM
2025

Registration Details to Follow

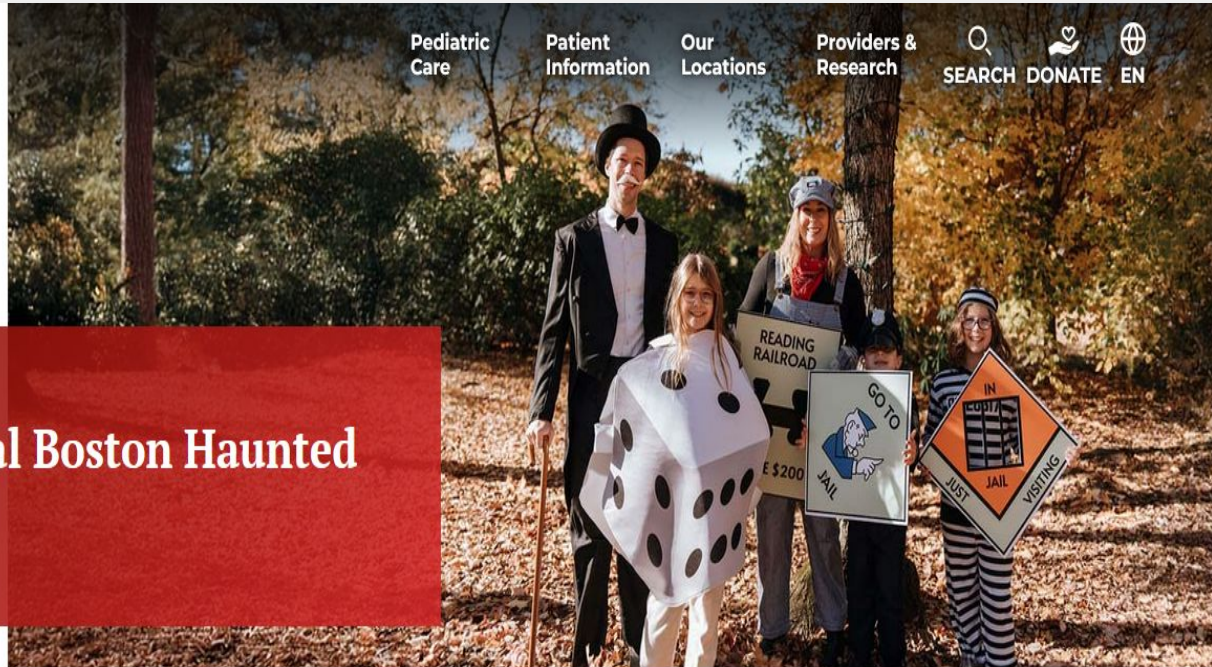
just heard there are seats available - contact
Kerri-Lynn Tichy
<KerriLynn.Tichy@shrinenet.org

IMPORTANT ANNOUNCEMENT!



ection +

6th Annual Boston Haunted Walk



When: October 19, 2025

Time: 10am-12pm

Where: The Garden at Elm Bank 900 Washington St Wellesley, MA 02482

Registration opens: April 1st

Learn More:

<https://www.shrinerschildrens.org/en/news-and-media/events/2025/10/boston-haunted-walk-2025>

There is still time to make your donations

Support PP Jim Smith by donating to:

<https://donate.lovetotherescue.org/fundraiser/6351747>

BEKTASH SHRINERS



TRI VISITATION OCTOBER 24-26, 2025

NORTH CONWAY
GRAND HOTEL
NORTH CONWAY,
NEW HAMPSHIRE



Rooms reservations and Tickets can be purchased
at:

<https://bektashshriners.org/event/2025-tri-visitation/>

IMPORTANT ANNOUNCEMENT!



Shriners Hospitals
for Children®—Canada



Shriners guide to referring a child for care

Shriners Hospitals for Children — Canada is a bilingual establishment offering a wide spectrum of specialized pediatric orthopaedic care. Our team of experts is proud to offer their support through our exceptional diagnostic, care and rehabilitation services.

Please do not hesitate to refer any children presenting with the following conditions for consultation:

Newborn

- ▶ Foot deformities (such as Club Foot)
- ▶ Dysplasia and other hip problems (such as hip click)

Children and Adolescents

- ▶ Arphrogryposis
- ▶ Chest wall deformities (pectus carinatum et pectus excavatum)
- ▶ Club feet
- ▶ Flat feet and other foot deformities
- ▶ Genu valgum (knock knees)
- ▶ Genu varum
- ▶ Hand and upper extremity conditions
- ▶ Hip problems
- ▶ In-toeing or out-toeing
- ▶ Limb deformities
- ▶ Limb length discrepancy
- ▶ Limping
- ▶ Metabolic and heritable bone diseases (such as osteogenesis imperfecta)
- ▶ Minor trauma and fractures
- ▶ Neuromuscular conditions (including spasticity and cerebral palsy)
- ▶ Painful conditions of the limbs and back
- ▶ Plastics "ortho related"
- ▶ Scoliosis and other spinal deformities
- ▶ Skeletal dysplasia
- ▶ Sports medicine
- ▶ Tiptoeing

**For the complete list of conditions, visit our website, "Care" tab*

To refer a patient, please fill in the referral form and return it by email to MonRefUSA@shrinenet.org. Please note that it is very important to provide the most information possible and to complete the following sections on the form:

- ▶ Last name and first name of child
- ▶ Date of birth of child
- ▶ Health insurance card number and expiry date
- ▶ Mother's maiden name and first name
- ▶ Father's name and first name
- ▶ Home address
- ▶ Email address
- ▶ Two phone numbers where you can be reached
- ▶ Medical file and reason for the referral

When you send a referral to the hospital, you will receive an acknowledgment of receipt. This includes additional pertinent information about the medical triage process. **Please remember to check your junk mail** just in case the response email has been redirected there.

For any additional questions, please visit our website or call us at 514-282-8325 or 1-800-361-7256.

1003 Decarie boulevard Montreal, Quebec H4A 0A9
shrinerscanada.org



Members wanted

ATTENTION

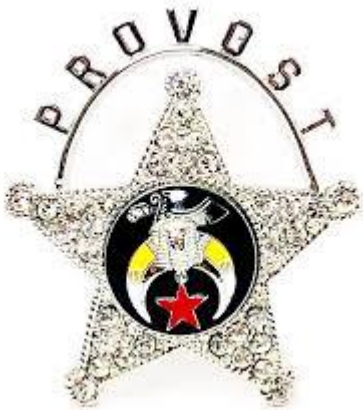
The Provost Guard of Mt Sinai is looking to increase its membership should those interested wish to learn more about the duties of the Provost Guard prior to becoming a member please contact:

Jim Murphy

Provost Marshal

Phone 802-279-3981

Email Jim@adavt.com



Are you wondering what the Provost Guard does?
In general terms:

Within the Shriners International fraternity, the Provost Guard unit is responsible for the internal security of the Shrine Temple at all functions, escorting the Potentate and First Lady to events, and participating in parades and other public appearances.

Unit News

Motorcycle Unit - Michael Bergeron (mikes750sf@gmail.com)

Meeting date

meeting location

Fire Brigade - Ken Johnson (kenlocks@comcast.net)

Meeting date

meeting location:

Motor Corp - Dave Baker (drbaker81@comcast.net/moronggerald@comcast.net)

Meeting date

Meeting location:

Sinai Joes - Paul Laflamme (plaflamme@vermontel.net/davegulbrandsen@yahoo.com)

Meeting date

Meeting location:

Bunker Busters - Donald Karlovich PP (donaldkarlovich@yahoo.com)

Meeting date

Meeting location:

Camel - Mike Parent PP (myke57@hotmail.com)

Northern Shrine Club - Gerald Morong PP (moronggerald@comcast.net)

Bingo Units 2025

No October Bingo

23-November: Fire Brigade

28-December: Motor Corp

Past Potentates (Living)

1991 - Homer Selby (Janet)
1992 - Donald Tessier
1994 - Roy Vance (Linda)
1998 - Gerald Morong (Frances)
1999 - Winston Harper (Rachel)
2000 - C.J. Murray (Deborah)
2002 - Gary Centabar
2004- Micheal Parent (Maureen)
2006 - Leo Laflamme (Linda)
2008 - Harry Richard (Mickey)
2010 - Kristi Morris (Sharon)
2012- Shawn Kincaid (Jacqi)
2013 - Alton Willard (Joan)
2014 - Bruce Pelletier (Monica)
2015- Paul Mosher
2016 - Ken Canning (Liz)

2017 - Pierre Letourneau
2018 - Donald Karlovich (Karen)
2019 - Micheal Parent (Maureen)
2020 - Gary Luman Jr. (Angela)
2021 - James Smith (Laura)
2022 - Bruce Pelletier (Monica)
2023 - Scott Boyer (Jennifer)
2024 - David Coffey (Lynne)

Next edition

November 1, 2025

Please have submissions entered by the 28th of the month to ensure time to add. All submissions should be sent to:

galuman2020@gmail.com

Pictures and funnies are also welcome

Sick Call

Past Potentate Leo Laflamme

Black Camel 2025

RICHARD HALLSTROM.

BORN: 4/3/1947

CREATED 5/9/1998

DIED: 12/27/2024

GEORGE FULLER.

Born: July 4, 1039

Creation: 11/9/2002

Died: 5/7/2025

John Hansel

Born: 9/11/1924

Creation: 3/24/2017

Died: 3/27/2025

JOHN T. COLBY

Born: 4/22/1930

Created: 5/9/1959

Died: 1/13/2025

Wendell Dwire

Born: 6/7/1942

Created: 5/9/1970

Died: 12/21/2024

ROBERT H. STEELE,

ESSEX JCT., VT.

Born: 12/11/1932

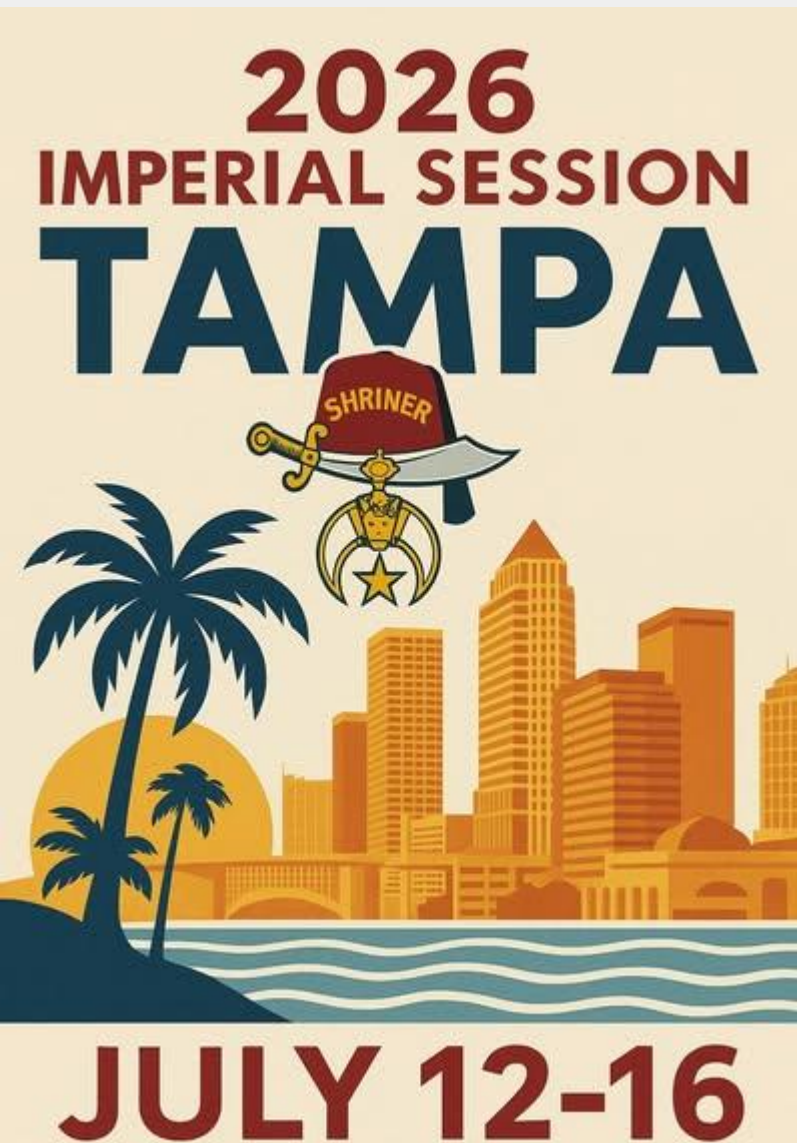
Created: 11/11/1989

Died: 8/2/2025

Mark Your Calendars

Upcoming Imperial Session

Session



Any Noble can attend. If interested please reach out for estimated costs.

Mark Your Calendars

Upcoming NESAs Dates

FUTURE NSA SESSIONS

- 2026 - Aleppo -
Massachusetts, USA
- 2027 - Anah - Maine, USA
- 2028 - Karnak - Quebec, CA
- 2029 - Melha -
Massachusetts, USA
- 2030 - Kora - Maine, USA
- 2031 - Luxor - New
Brunswick, CA
- 2032 - Tunis - Ontario, CA
- 2033 - Cairo - Vermont, USA
- 2034 - Pyramid,
Connecticut, USA

2026 NESAs will be in Cape Cod August 20-23. More information will be provided after Mid-Winter March 12-14

Any Noble can attend. If interested please reach out for estimated costs.

Opportunities

Fundraising Committee: Do you or your lady have an interest in fundraising? Have an idea on how to raise money for the Temple and the Hospitals? If so contact any member of the Divan and they will be happy to help.

Divan Positions: Have you ever wondered how one gets selected for the Divan. Contact the office at recorder@mountsinaishriners.org and Mike Gunn will help direct you.

Is there an activity that you enjoy and think others would like to join you. How about forming a club? Wonder how to do that you can contact Gary Luman CR'25 at galuman2020@gmail.com

