

# TURBAN TIMES



**MT. SINAI SHRINERS NO. 3**  
**MONTPELIER, VERMONT**  
Founded October 31, 1876

**SHRINERS INTERNATIONAL**  
**THIRD OLDEST SHRINE**  
May/June 2021

## Mt. Sinai Spring Ceremonial April 2021



*Potentate Jim Smith presenting Past Potentate Gary Luman his Past Potentate's Jewel.*



*Potentate Jim Smith presenting Oriental Guide David Coffey the Imperial Potentate's coin for rescuing a Temple package from UPS.*

### Upcoming Events

#### **Mt. Sinai Golf Tournament**

Saturday, June 5, 2021, 9 AM  
Enosburg Falls Country Club  
Enosburg, VT

#### **68th Shrine Maple Sugar Bowl**

Saturday, August 7, 2021, 12:30 PM  
Castleton University  
Castleton, VT

#### **Mount Sinai Visitation**

Friday-Sunday, August 13-15, 2021  
Montpelier, VT

#### **Shriners International**

<http://www.shrinersinternational.org>

#### **Shriners Village**

<https://www.shrinersvillage.com>

#### **Shriners Hospitals for Children**

<http://www.shrinershospitalsforchildren.org>

### Upcoming Events

#### **35th UMV Toy Run**

Saturday, August 14, 2021, 11 AM  
State House lawn  
Montpelier, VT

#### **NSA Field Days**

Friday, October 1st-Sunday, October 3, 2021. Same location, more info to follow.

#### **Shrine Bingo**

Sunday, June 6, 2021

## Elected Divan Officers

### Potentate Jim Smith

925 Texas Hill Rd., Huntington, VT 05462  
802.355.2045

### Chief Rabban Bruce Pelletier

18 Laurie Avenue, St. Albans, VT 05478  
802.527.1139

### Assistant Rabban Scott A. Boyer

75 Laplante Rd., Cavendish, VT 05142  
802.484.8969

### High Priest & Prophet Cameron Ludwig

74 Mackville Rd., Hardwick, VT 05843  
802.730.4146

### Oriental Guide David Coffey

94 Beckley St., Barre, VT 05641  
802.476.4326

### Treasurer Gary Luman, Jr. PP

1626 VT Rt. 10, Chester, VT 05143  
802.875.3542

### Recorder Mike G. Gunn

83 Fairgrounds Rd., Springfield, VT 05156  
802.885.4060

## Appointed Officers

### 1st Ceremonial Bob Booth, Sr.

6196 Rte. 14, Irasburg, VT 05845  
802.754.2435

### 2nd Ceremonial Shawn Booth

729 West Glover Rd., Irasburg, VT 05845  
802.755.6101

### Captain of the Guard Donald Karlovich

PO Box 104, North Troy, VT 05859  
802.988.4089

### Shrine Chaplain Ken Johnson

4714 Rte. 14 S, Irasburg, VT 05845  
802.754.8417

### Provost Marshal Ken Canning

46 Conger Ave. #19, Burlington, VT 05401  
802.373.1806

### Director, 1st Section Gerald A. Morong, PP

76 Prospect Hill Road, St. Albans, VT 05478  
802.524.6637

## Mount Sinai Shriners No. 3

2 Academy St., Barre, VT 05641  
Tel. 802.476.9266, Fax 802.476.9263  
email mtsinai3@myfairpoint.net,  
www.mountsinaishriners.org



Mt. Sinai Shriners #3

If you are receiving the Turban Times in the mail and want to receive it sooner and in color, please email Karen Karlovich, karenkarlovich@yahoo.com

## Note from the Potentate

Greetings One and All,

Gee, I wonder if I stand on my head with my Fez on if the tassel will stand in place?

Check that wise tale off...it stays in place.

We have all been through a really crazy year with COVID. I am happy to hear places are starting to reopen, travel is happening, we had our first in person Spring Ceremonial and the Shriner BINGO is coming back. That's right. Rumors have it the boards and pull tabs will be lit up and torn open starting in June.

Every Noble and Past Potentate should have gotten a call or a message from the Divan doing our Outreach 2021. I had many great talks and heard a lot of great stories when making my calls.

Hope to make this an every year event.

With the hopes to return to a new normal, check out these cool Shriner events coming up:

Imperial Session: Houston Tx (July 4-8th)

35th Toy Run at the statehouse lawn (Aug 14)

Mt Sinai Visitation: Montpelier (Aug 13-15th)

68th Shrine Maple Sugar Bowl (Aug 7th, Kick-off at 12:30pm)

NSA (Oct 1-3)

Did I mention Shriner Bingo?? Need many helpers to welcome back the excited Players.



With the Divan's help I would like to find a place to get the Shrine word out with a meet and greet with units and hospital reps (sent word to Montreal of this idea... they want more details and want to do this). More to come as we shore up the details. This would be a Temple/Unit wide event.

Lady Laura is going to have a raffle coming up. I think the ladies could and will probably one up us guys. Support them, as the ladies support us.

Also, looking for some fun ideas for the kids. Let me know what we can do for them. We are all a big family. I am thinking bouncy house at the family BBQ. Clowns making balloon animals? Maybe we can do Us vs Cairo games? Horseshoes...corn hole..?

The Imperial Potentate says Fun in 2021. Let's do this and bring back the fun to the shrine.

Jim Smith  
Potentate

## Recorder's Corner

#1— TT's Boosters fee is \$20 per year. Hopefully you'll support the expense of our bulletin.

#2—Again, please return all mailings to our office address, Mt. Sinai Shriners, 2 Academy St., Barre, Vt. 05641.

#3—Any donations made to our (3)

Shriner's Hospitals Mt. Sinai represents, please forward these donations through the Mt. Sinai office. That way, Mt. Sinai and the person making the donation will be recognized by the hospital.

*Fraternally Yours*  
Mike Gunn, Recorder



## Elected Heads of Shrine Clubs

### Northern Vermont Shrine Club

Gerald A. Morong, PP, President  
76 Prospect Hill Rd.  
St Albans, VT 05478  
802.524.6637

### Board of Directors

James Smith, Potentate  
Bruce Pelletier, Chief Rabban  
Scott Boyer, Assistant Rabban  
Cameron Ludwig, High Priest &  
Prophet  
David Coffey, Oriental Guide  
Gary Luman, Jr., Treasurer  
Mike G. Gunn, Recorder

## Representatives to 2021 Shriners International

Houston, TX, July 4-8, 2021  
James Smith, Potentate  
Bruce Pelletier, Chief Rabban

## Shrine Maple Sugar Bowl Board of Governors

Michael Spackman, Vice President  
Kristi Morris, General Chairman  
Tim Roberts

## Turban Times Boosters 2021

### Be a Booster

The *Turban Times* offers nobility the opportunity to participate in and support the Turban Times through purchase of Booster Page recognitions. Examples:

“Mr. & Mrs. Joe Noble”  
“Unit Name”  
“Noble’s Name”

Single line Column Entry will appear throughout 2021 for \$20. A great gift idea for families and friends.  
Unit Membership listings are \$8.00 per line.

### Payment made to: Mt. Sinai #3

Forward your list and funds to:  
Mt. Sinai #3  
2 Academy St.  
Barre, VT 05641

## Shriners Hospitals Board of Governors

### Springfield - Eileen Watson 413-787-2011

Associate Member - Kristi Morris, PP  
1/1/2018 to 12/31/2018  
Max is three - 3 year terms

### Boston - Dolores Sansone 617-722-3000

William Tinney: 1/1/2018 to 12/31/2020  
Associate Member: Open

### Montreal - Tammy Johnson 518-842-4464

Associate Member: Ken Johnson  
1/1/2018 to 12/31/2018

## Mount Sinai Officers Maple Sugar Bowl

Robert G. Blow, Past President  
Frank C. Maynard, PP, Past President  
David Lovell, Past President

David & Lynne Coffey  
Bob & Kathleen Coon  
Bob duMaire  
Mike & Gloria Gunn  
Adam & Angelique Johnson  
Ken & Bev Johnson  
Leo & Linda Laflamme  
Gary & Angela Luman, Jr.  
Gerald & Frances Morong  
Kristi & Sharon Morris  
Shrine Motor Corps.  
Pat & Marie Sloan  
Jim & Lady Laura Smith  
Jim & Dale Walsh

## Elected Heads of Units

### Mount Sinai Patrol

President, Norman C. Dix  
102 Hollister Hill Rd., Plainfield, VT 05667  
802.454.8436  
Email: Judyfowler29@gmail.com

### Mount Sinai Provost Guard

Provost Marshall, James G. Murphy  
336 Union Street, Newport, VT 05855  
802.334.5326, Email: Jim@adavt.com

### Mount Sinai Joes

Boss Clown, Gary Luman  
1626 VT Rt. 10, Chester, VT 05143  
802.875.3542  
Email: galuman2020@gmail.com

### Mount Sinai Motor Corps

Corpsmaster, David R. Baker  
11 Sunset Terr., St. Albans, VT 05478  
802.524.9315  
Email: drbaker81@comcast.net

### Northeast Kingdom Fire Brigade

Chief, Ken B. Johnson  
4714 Rt. 14, S. Irasburg VT 05845  
802.754.8417, Email: Kenlocks@comcast.net

### Mount Sinai Cycle Unit

President, Dean L. Goulet  
PO Box 450, S. Royalton, VT 05068  
802.291.0217  
Email: Dunrovinrealestate@gmail.com

### Mount Sinai Drama-daries

President, Gerald A. Morong P.P.  
76 Prospect Hill Rd, St. Albans, VT 05478  
802.524.6637, Email: Jerryym@surfglobal.net

### Mount Sinai Mini Choppers

President, Donald J. Karlovich  
PO Box 104, North Troy, VT 05859  
802.988.4089  
Email: Donaldkarlovich@yahoo.com

## Turban Times Submission Deadline

June 21 August 22  
October 22

## Mount Sinai Shriners Bingo Upcoming Schedule

Sunday,  
June 6, 2021.

Champlain  
Valley  
Exposition



Route 15  
Essex Junction, VT

**Doors Open:** 10:30 AM  
**Early Birds:** 12:30 PM,  
**Regular Bingo:** 1:00 PM

**Info:** 802.434.2055  
mtsinaibingo@gmavt.net

**B**

## Players & Workers Needed

**I**

We are in need of a lot more players.  
Let's increase attendance!

**N**

Please print a couple flyers and  
put them up around town.

**G**

Also - when it is your unit's turn to  
work we really need you to turn out.  
We have a core group of people there  
every month and the help is greatly  
appreciated.

**O**

## Spring Ceremonial Pampering for the Ladies



Spring Ceremonial looked a bit different this year for the ladies. Lady Laura along with the help from Leila Ludwig, put together something for the Ladies to enjoy. We enjoyed some pampering with manicures and did a trivia game with prizes. Leila showed us all how to properly apply Color Street nails. Many laughs were shared with great company. The ladies will be holding a quilt raffle to benefit the ladies program this year.

I hope for fall ceremonial we can gather to do something fun again and we can get more ladies to attend. Lady Laura is looking for suggestions on what to do in the fall. Please reach out to Lady Laura at [laurab0507@gmail.com](mailto:laurab0507@gmail.com) with fun ideas. Let's bring back the fun for the ladies as well!

*Lady Laura Smith*

## Northeast Camel Caravan

Spring Camping Weekend and Annual Meeting of the Northeast Camel Caravan will be held at Bayley's RV Resort in Scarborough, Maine, on Friday, June 4 – Sunday, June 6, 2021.

If you haven't already made your reservations, call Bayley's directly at 207-883-6043. Be sure to mention you are with the Shriner Camel Caravan for a campsite in Section "C". Don't forget to bring along something to contribute to our Chinese auction (for the any new folks, this is where you bring small items that you want to have adopted in a good home. We buy tickets and "bid" on items by putting them in the appropriate cup. One person's "stuff" is another's treasure!!).

**The tentative schedule for the weekend is as follows (may change slightly):**

### **Friday:**

Dinner on your own



Friday night campfire in Section "C"

### **Saturday:**

**9 AM Group Breakfast** (Location TBD)

Bring your own coffee & place setting.

Last (non-COVID-) year's cooks & contributors: please plan to do the same.

Our menu consisted of juice, pancakes, eggs, bacon, and muffins/coffee cake.

Bring something to share.

Time to relax, shop or explore the area.

**3 PM Game time** ... cornhole tournament, lawn games, etc.

**4 PM Happy Hour and Chinese Auction**

**Annual Meeting** (following Chinese Auction)

**6 PM Pot Luck Dinner**

**Saturday night campfire**

Look forward to seeing you all at Bayley's!

We will be arriving on Thursday, June 3, if you want to come early (and staying through Monday, the 7th).

Tom & Kristin Lowe

NECC Secretary/Treasurer

Cell phone: 978-210-8203

Email: [tlowe43q@gmail.com](mailto:tlowe43q@gmail.com)

OUR Facebook page:

Shriners' Northeast Camel Caravan



## Mt. Sinai Ladies Raffle 2021

### “Star Spangled Quilt” 59” X 70”

Handmade by  
Maureen Parent



\$10.00 per ticket  
\$25.00 for three tickets

**Drawing Sunday, September 9th, 2021**

*Proceeds to benefit Mt. Sinai Ladies Program*

Not tax deductible

For tickets contact Lady Laura at  
Laurab0507@gmail.com

## Introducing CryoSPHERE: Pain Control Procedure

In February, pediatric general surgeon, Michael V. Tirabassi, M.D., one of our consulting physicians from Baystate Medical Center, performed the first case using the CryoSPHERE pain control procedure following Nuss bar surgery for pectus excavatum.

Roughly 1 in 400 children are born with pectus excavatum, in which the breastbone (sternum) is indented or sunken. This condition can lead to compression and displacement of the heart and lungs, which can lead to further complications if not treated. The Nuss bar procedure is a minimally invasive surgery where a steel bar is implanted across the patient's chest behind the breastbone. The bar pushes the sunken part of the chest out, correcting the pectus excavatum. This procedure has helped hundreds of children since 1998, when the chest wall deformity clinic first began here in Springfield.

Recovery from the Nuss bar surgery is lengthy and often times very painful for patients due to the sudden, dramatic change in their chest. With the CryoSPHERE pain control procedure, the nerves in the surgical area are temporarily frozen during surgery, minimizing the use of pain relieving narcotics and overall length of stay in the hospital.

Patients who undergo Nuss bar surgery typically require a 4-5 night post-operative stay in the hospital. An epidural catheter is used to control the patient's pain post-surgery, before transitioning to high doses of oral oxycodone. With CryoSPHERE, the patient's epidural catheter can be turned off less than 24 hours after surgery and the patient will likely not need any doses



of oxycodone and can be discharged after just two nights.

High doses of narcotics have many consequences for patients. Constipation can be a major issue, causing patients to lose their appetite, feel nauseous and have abdominal pain after their procedure. In addition, the use of narcotics for pain lasts a couple of weeks postoperatively, so there is a concern for becoming addicted to opioids while trying to control pain. This can be life altering.

“The CryoSPHERE is a real game changer for this surgery,” said Dr. Tirabassi with pride. “It cuts the post-operative hospital stay in half and many patients will not require any narcotic pain medications.” This is an important selling point for families when discussing this surgery for their child. The goal with implementing CryoSPHERE is to help even more children get correction of their chest deformities as safely and painlessly as possible.

## Mount Sinai #3 Shriners Golf Tournament

**SATURDAY,  
JUNE 5TH, 2021  
9:00 AM  
Enosburg Falls  
Country Club**

**Final sign up date is  
May 25th through  
the Pro Shop  
Start Time 9:00 AM**

**4-Person Team Scramble  
\$55 Per Person - Cart not included**

**Top Prize  
\$260.00  
to the winning  
4 person team  
2nd Prize  
\$100.00**

**Individual Prizes also**

**Longest Drive & Putting Drive Contest**  
**Note: Winning teams not eligible for individual prizes**

## Living Past Potentates

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1977 – Homer R. Fitts  
1988 – Jack C. Bacon (Carol)  
1991 – Homer D. Selby (Janet)  
1992 – Donald E. Tessier, Jr. (Pauline)  
1994 – Roy C. Vance (Linda)  
1995 – Frederic T.W. Wall (Leslie)  
1998 – Gerald A. Morong (Frances)  
1999 – Winston W. Harper (Rachel)

2000 – C. J. Murray (Deborah)  
2002 – Gary G. Centabar  
2004 – Michael A. Parent (Maureen)  
2006 – Leo A. Laflamme (Linda)  
2008 – Harry E. Richard (Mickey)  
2010 – Kristi C. Morris (Sharon)  
2011 – J. Patrick Sloan (Marie)  
2012 – Shawn E. Kincaid (Jaqi)

2013 – Alton Willard (Joan)  
2014 – Bruce Pelletier (Monica)  
2015 – Paul Mosher  
2016 – Kenneth Canning, Jr.  
2017 – Pierre Letourneau  
2018 – Donald Karlovich (Karen)  
2019 – Michael A. Parent (Maureen)  
2020 – Gary Luman, Jr. (Angela)

## In Memoriam 2021

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### **RUSSELL A. GOSLANT**

**Middlesex, VT**

Born: 9/30/1928

Created: 1/21/1978

Died: 1/3/2021

### **KARL MOODY JR**

**Essex Junction, VT**

Born: 12/21/1929

Created: 5/17/1975

Died: 3/14/2021