

TURBAN TIMES



MT. SINAI SHRINERS NO. 3
MONTPELIER, VERMONT
Founded October 31, 1876

SHRINERS INTERNATIONAL
THIRD OLDEST SHRINE
March-April 2021

Thank You and Best Wishes

In late January 2021, Julie Stark, Secretary for Mt. Sinai since 1998, was presented with a bouquet of flowers by Mike Gunn, Recorder of Mt. Sinai. Ms. Stark has been with Mt. Sinai, serving four Recorders and 23 Potentates. As most of the members realize, Mt.

Sinai has fallen on hard times, what with Covid 19 pandemic and not being able to hold their big fundraiser, Bingo for the past year. So, Julie has taken a leave of absence. Mt. Sinai wishes her well for all her years of service for the Temple.



100 Years Before Me, Potentate 1921

Walter C. Washburn

Born November 22, 1870 in Montpelier, VT
Lived and grew up on Elm Street, Montpelier, VT

Married, 10 month daughter named Jean
Was in the Insurance business with his Father and was a distributor of Fleishman's Yeast

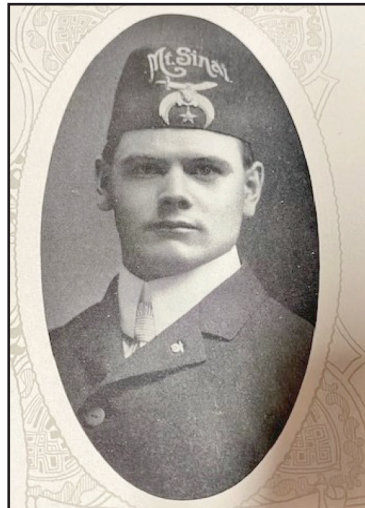
Mason at Aurora Lodge, Knights Templar at Mt. Zion and charter member

of the Elk's Lodge in Montpelier, VT
Potentate of our Temple in 1921 (100 years before me)

Republican

His favorite past time was fishing

On the night of February 15th, 1924 a fire

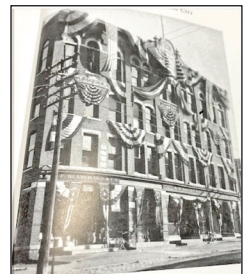


started in the Lawrence Block (where Rite Aid is now). It was noticed by a passer by walking home at 2:15am. Walter jumped from the upper floor towards firefighters holding a net below. He went too wide and landed on the icy sidewalk below dying instantly. His wife and daughter were found after the fire was put out.

Getting to know our Nobles. This was a story I shared with the Divan at our meeting this past month.

Research was completed by Jim.

Jim Smith,
Potentate 2021



Upcoming Events

Spring Ceremonial

Saturday, April 17, 2021
Montpelier, VT

Mount Sinai Visitation

August 13-15, 2021
Montpelier, VT

Shriners International

<http://www.shrinersinternational.org>

Shriners Village

<https://www.shrinersvillage.com>

Shriners Hospitals for Children

<http://www.shrinershospitalsforchildren.org>

Upcoming Events

NSA Field Days

Friday, October 1st-Sunday, October 3, 2021. Same location, more info to follow after the Mid-Winter Meeting in April.

Shrine Bingo

Will keep you posted on upcoming dates.

Elected Divan Officers

Potentate Jim Smith

925 Texas Hill Rd., Huntington, VT 05462
802.355.2045

Chief Rabban Bruce Pelletier

18 Laurie Avenue, St. Albans, VT 05478
802.527.1139

Assistant Rabban Scott A. Boyer

75 Laplante Rd., Cavendish, VT 05142
802.484.8969

High Priest & Prophet Cameron Ludwig

74 Mackville Rd., Hardwick, VT 05843
802.730.4146

Oriental Guide David Coffey

94 Beckley St., Barre, VT 05641
802.476.4326

Treasurer Gary Luman, Jr. PP

1626 VT Rt. 10, Chester, VT 05143
802.875.3542

Recorder Mike G. Gunn

83 Fairgrounds Rd., Springfield, VT 05156
802.885.4060

Appointed Officers

1st Ceremonial Bob Booth, Sr.

6196 Rte. 14, Irasburg, VT 05845
802.754.2435

2nd Ceremonial Shawn Booth

729 West Glover Rd., Irasburg, VT 05845
802.755.6101

Captain of the Guard Donald Karlovich

PO Box 104, North Troy, VT 05859
802.988.4089

Shrine Chaplain Ken Johnson

4714 Rte. 14 S, Irasburg, VT 05845
802.754.8417

Provost Marshal Ken Canning

46 Conger Ave. #19, Burlington, VT 05401
802.373.1806

Director, 1st Section Gerald A. Morong, PP

76 Prospect Hill Road, St. Albans, VT 05478
802.524.6637

Mount Sinai Shriners No. 3

2 Academy St., Barre, VT 05641
Tel. 802.476.9266, Fax 802.476.9263
email mtsinai3@myfairpoint.net,
www.mountsinaishriners.org



Mt. Sinai Shriners #3

If you are receiving the Turban Times in the mail and want to receive it sooner and in color, please email Karen Karlovich, karenkarlovich@yahoo.com

Note from the Potentate

Greetings One and All,

I hope you all are doing well and eager to line up to get the COVID vaccine so we can once again meet in person. I hope places we love to go will soon be re-opening and we can break free of being at home.

I introduced a new idea to the Divan about Getting to know our Nobles. I will be breaking the list of the current Nobility amongst the Divan to start making calls to each one of you. I will also be making calls. If you see a strange phone number this could be why. My goal is to ensure you and your family are doing Ok, do you need anything that we can assist with, Do we have the right phone number, address and birthday for you. I have enjoyed chatting with a few Nobles already and the great stories have been an awesome value to me. Remind yourself of why we became a Shriner and how proud we are to be one.

As we continue down this uneven and windy road the challenges still are there. As you know the Temple hasn't been able to fundraise. The Divan is working on some ideas but we are always looking for some ideas to carry us forward. Please reach out and share the knowledge. This week I got my tickets for the 68th annual Shrine Maple Sugar Bowl. Please show your support to a great game and buy the 4 tickets sent to you or sell them to a friend. The game is always a great time by all that attend. To see the pride of the young men playing and the band who plays some amazing music. Great day to come out. Starts with a cool parade before game time. Gee, maybe PP Kristi Morris will let me on the field



this year.

My boss has tasked us with different things through this pandemic, buy dinner for a stranger, leave a \$100 tip, few other fun things. So, when Lady Laura and I were out on another wild Saturday adventure ride, we stopped at a local store to get lunch and the gentleman in front of us paid for her sandwich. When we stepped up to the cashier he said we were all set. I managed to quickly wave a Thanks to the man as he was pulling out of the parking lot. The other night while out with the family for dinner I picked a table and paid for that Lady's dinner. We left before she did so I didn't get to see her joy. Remember these random acts of kindness are who we are. To see the smiles are priceless just like the ones on the children faces we treat at our hospitals. Try it...I dare you. The feeling is great.

Imperial Jim Smith (My almost twin) says it is Hav'n fun in '21. Let us remember we will all get through this and have some great Fun and Fellowship very soon.

Jim Smith
Potentate

Recorder's Corner

#1— TT's Boosters fee is \$20 per year. Hopefully you'll support the expense of our bulletin.

#2—Again, please return all mailings to our office address, Mt. Sinai Shriners, 2 Academy St., Barre, VT 05641.

#3—Reminder to all Unit Heads, vehicle insurance payments are due to the Shrine office on April 1st. Mt. Sinai has been billed already and payments are due to the insurance company during, April.

Fraternally Yours
Mike Gunn, Recorder

Elected Heads of Shrine Clubs

Northern Vermont Shrine Club

Gerald A. Morong, PP, President
76 Prospect Hill Rd.
St Albans, VT 05478
802.524.6637

Board of Directors

James Smith, Potentate
Bruce Pelletier, Chief Rabban
Scott Boyer, Assistant Rabban
Cameron Ludwig, High Priest &
Prophet
David Coffey, Oriental Guide
Gary Luman, Jr., Treasurer
Mike G. Gunn, Recorder

Representatives to 2021 Shriners International

Houston, TX, July 4-8, 2021
James Smith, Potentate
Bruce Pelletier, Chief Rabban

Shrine Maple Sugar Bowl

Board of Governors

Michael Spackman, Vice President
Kristi Morris, General Chairman
Tim Roberts

Turban Times Boosters 2021

Be a Booster

The *Turban Times* offers nobility the opportunity to participate in and support the Turban Times through purchase of Booster Page recognitions. Examples:

"Mr. & Mrs. Joe Noble"
"Unit Name"
"Noble's Name"

David & Lynne Coffey
Bob duMaire
Mike & Gloria Gunn
Leo & Linda Laflamme
Gary & Angela Luman, Jr.
Gerald & Frances Morong
Shrine Motor Corps.
Pat & Marie Sloan
Jim & Lady Laura Smith
Jim & Dale Walsh

Shriners Hospitals Board of Governors

Springfield - Eileen Watson 413-787-2011

Associate Member - Kristi Morris, PP
1/1/2018 to 12/31/2018
Max is three - 3 year terms

Boston - Dolores Sansone 617-722-3000

William Tinney: 1/1/2018 to 12/31/2020
Associate Member: Open

Montreal - Tammy Johnson 518-842-4464

Associate Member: Ken Johnson
1/1/2018 to 12/31/2018

Mount Sinai Officers Maple Sugar Bowl

Robert G. Blow, Past President
Frank C. Maynard, PP, Past President
David Lovell, Past President

Single line Column Entry will appear throughout 2021 for \$20. A great gift idea for families and friends.

Unit Membership listings are \$8.00 per line.

Payment made to: Mt. Sinai #3

Forward your list and funds to:
Mt. Sinai #3
2 Academy St.
Barre, VT 05641

Elected Heads of Units

Mount Sinai Patrol

President, Norman C. Dix
102 Hollister Hill Rd., Plainfield, VT 05667
802.454.8436
Email: Judyfowler29@gmail.com

Mount Sinai Provost Guard

Provost Marshall, James G. Murphy
336 Union Street, Newport, VT 05855
802.334.5326, Email: Jim@adavt.com

Mount Sinai Joes

Boss Clown, Gary Luman
1626 VT Rt. 10, Chester, VT 05143
802.875.3542
Email: galuman2020@gmail.com

Mount Sinai Motor Corps

Corpsmaster, David R. Baker
11 Sunset Terr., St. Albans, VT 05478
802.524.9315
Email: drbaker81@comcast.net

Northeast Kingdom Fire Brigade

Chief, Ken B. Johnson
4714 Rt. 14, S. Irasburg VT 05845
802.754.8417, Email: Kenlocks@comcast.net

Mount Sinai Cycle Unit

President, Dean L. Goulet
PO Box 450, S. Royalton, VT 05068
802.291.0217
Email: Dunrovinrealestate@gmail.com

Mount Sinai Drama-daries

President, Gerald A. Morong P.P.
76 Prospect Hill Rd, St. Albans, VT 05478
802.524.6637, Email: Jerryym@surfglobal.net

Mount Sinai Mini Choppers

President, Donald J. Karlovich
PO Box 104, North Troy, VT 05859
802.988.4089
Email: Donaldkarlovich@yahoo.com

Turban Times Submission Deadline

April 18
June 21 August 22

Mount Sinai Shriners Bingo Upcoming Schedule

Will keep you
posted on
dates.

Champlain
Valley
Exposition



Route 15
Essex Junction, VT

Doors Open: 10:30 AM
Early Birds: 12:30 PM,
Regular Bingo: 1:00 PM

Info: 802.434.2055
mtsinaibingo@gmavt.net

B Players & Workers Needed

I We are in need of a lot more players. Let's increase attendance!
N Please print a couple flyers and put them up around town.
G Also - when it is your unit's turn to work we really need you to turn out. We have a core group of people there every month and the help is greatly appreciated.
O

Care inspires patient's sister to pursue medicine

She is pursuing a career in plastic surgery

Lauren is an aspiring doctor studying pre-med at the University of Tennessee, Knoxville. Her interest in medicine developed at a young age when she accompanied her sister on appointments to the Boston Shriners Hospital. Lauren's older sister became a patient in 2000.

Lauren has powerful memories of the time she spent with her mother and sister at the Boston Shriners Hospital, as she accompanied them throughout her entire childhood for more than 15 years. "I loved sitting in the waiting room and playing with all the little toys and gadgets that were provided. Most of all, however, some of my greatest memories were interacting with some of the other children," she said.

In 2015, Lauren's sister participated in a Boston Shriners Hospital study exploring the effect of laser treatment on burn scars. "This was a really cool thing to witness because at this point, I was already really interested in all types of plastic surgery. After seeing the results, I knew that I wanted to invest more time into learning about treatments like this because I had such a close emotional connection to it," Lauren said. She recalled some difficult times her sister went through, when other children and even sometimes adults made her feel uncomfortable about her scars. "I just knew that I wanted to help people like my sister for the rest of my life," she said.

Lauren recently connected with Branko Bojovic, M.D., chief of plastic surgery, for a research project she was working on about Shriners Hospitals for Children. Dr.



From left to right: Christine (mom), Lauren, Julia (sister)

Bojovic is a skilled plastic surgeon with expertise in adult and pediatric craniofacial surgery and microsurgery.

Lauren shared her family's story with Dr. Bojovic, highlighting the history behind her interest in pursuing plastic surgery. She described her interaction with him as "absolutely wonderful."

Dr. Bojovic took time to share his experiences and background with Lauren. "He told me how he had gotten into medical school when he was only a sophomore in college, which I didn't even know was possible! I seriously aspire to be like Dr. Bojovic, for he is so kind, intelligent and interesting," she said.

When Lauren accompanied her mother and sister to the Boston Shriners Hospital for clinic appointments and procedures, she always found that observing the other children was fascinating. "The more time

I spent at Shriners and the variety of injuries that I observed, the more I knew that I wanted to learn more about the role plastic surgery plays in the care and treatment of burn wounds. When I was about 13, I started watching videos of plastic surgery procedures on YouTube. I still watch videos of procedures like that in my free time," she said.

Lauren is grateful for the care her sister received at the Boston Shriners Hospital. Lauren's mother was pregnant with her when her sister was injured. "My mother went through everything with my sister, including riding to Mass General with her in a helicopter, living in Boston for months on end, and attending every single appointment and procedure, all while taking care of my two older brothers and being pregnant with me! Having something so tragic happen to a family member is very difficult, as you can imagine. Shriners saved my sister's life. It is an amazing organization in so many ways," Lauren said.

When she is not researching the role that plastic surgery plays in burn care, Lauren enjoys going to the gym and spending time with her family. She also loves her dogs! Lauren's goal for her undergraduate years is to prepare for medical school by seeking as much hands-on learning as she can through internships and volunteer opportunities. Lauren learned a lot at the Boston Shriners Hospital while accompanying her sister and mother on appointments. Those experiences led Lauren to seek a career in medicine.

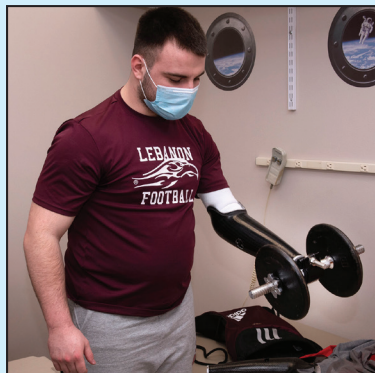
Mason's Story: An All-Star On and Off the Field

Eighteen-year-old Mason from Lebanon, New Hampshire, has been a patient at Shriners Hospital in Springfield, MA since he was one.

Born without a left forearm and hand, Mason has received more than a dozen prostheses through the efforts of the hospital's orthotics and prosthetics department and medical staff. As a baby, the devices helped him balance so he could stand and learn to walk. As a child, they helped him grasp every opportunity to explore his world at home and school and excel in multiple sports. By high school, Mason was a three-sport varsity athlete, competing in football, ice hockey and baseball.

On the ice, a customized prosthetic arm that attached to his hockey stick, gave Mason enhanced grip and flexibility. "I noticed an improvement right away in my ability to shoot and pass," said Mason. "I had a whole new confidence. It was a complete game changer for me."

On the football field, Mason's talents as an offensive lineman were recognized when he was selected to play in the 2020 Shrine Maple



Sugar Bowl, an all-star football game that features high school senior standouts from Vermont and New Hampshire teams and raises money for the Shriners Hospitals located in Springfield, Boston and Montreal. It was a dream come true. Unfortunately, the COVID-19 pandemic required the game to be cancelled. "I was devastated when I first heard the news," said Mason. "But, I quickly turned my focus to helping the hospital that has done so much for me." He independently raised over \$1,600. Now a freshman at Southern New Hampshire University where he is majoring in sports management and aspires to

one day be a professional coach, Mason still plays ice hockey and is trying to organize a rugby team.

The Springfield Shriners Hospital recently outfitted Mason with a custom attachment for his prosthesis that will enable him to lift heavier weights in the weight room.

"Shriners Hospital has helped me have these opportunities in life," said Mason. "I am so grateful."

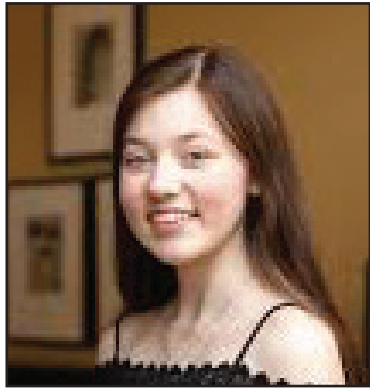
2020-2021 National Patient Ambassadors

Mia

Mia, 16, was born with a severe case of infantile idiopathic scoliosis. Her journey with Shriners Hospitals for Children began when she was 2, when she was first seen at the St. Louis location. Mia's treatments have included halo traction to gradually straighten and stretch her spine, as well as nearly 20 surgeries.

During her extensive time in the hospital, Mia and her care team developed a tight bond, and Mia considers the people she knows at Shriners Hospitals – her doctors, nurses, therapists, and even the security guard – family. She has served as a patient ambassador for Shriners Hospitals for Children — St Louis since she was 4 and has spoken to numerous audiences on behalf of the hospital. She has also appeared in promotional videos and media interviews. Mia's passion is theater and singing, and she was featured singing I'll Be Home for Christmas in our holiday commercials. Mia is also part of the Shriners children's choir that performed in a recent recording of Foreigner's hit song I Want to Know What Love Is.

"I am so honored to be in this position," Mia said. "For as long as I can remember, I have always loved Shriners Hospitals. Not just because of the life it has given me, but the real love that comes from it. This community consists of the best people, and it truly makes my heart soar to know I'm a large part of it. It makes me proud to know that I will be giving back to a hospital that not only gave me a normal life but is a second home for myself and my family."

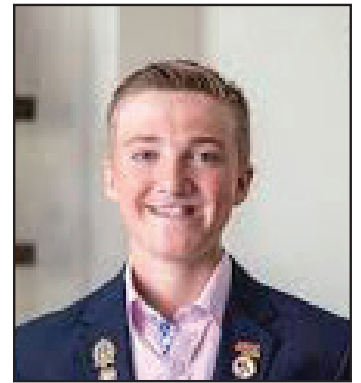


Connor

Connor, 14, was born with a bilateral incomplete cleft lip and complete cleft palate involving the hard and soft palate. As a newborn, his condition was so severe that he was even unable to create the suction needed to feed. By the time he was 3 weeks old, he was failing to gain weight and was about to be admitted to a hospital. That's when Connor's family learned about Shriners Hospitals for Children — Chicago.

There, his RN care coordinator gave his mother, Kelly, a special syringe, making it possible for her to finally feed her baby. And from that moment, Connor began an extensive treatment plan of surgeries and interventions that extends until he is 21, so that some repairs can be made after he has stopped growing.

Connor's condition affects not only his teeth and his ability to eat, but also his speech, hearing, and social and emotional well-being. In addition, Connor has a connective tissue disorder that eventually made it difficult for the active teen to participate in contact sports.



Still, Connor's can-do spirit and supportive family have helped him to find many ways to pursue his passions. Connor umpires for youth baseball, acts as a physical education mentor for other kids with disabilities at his school, and is an advocate and community volunteer. But most of all, Connor is a golfer. He maintains a busy training schedule and hopes to one day become a pro. And with his family, Connor is part of a large local annual fundraiser, a golf tournament that has over

the years raised more than \$200,000 for Shriners Hospitals for Children.

"I just want to use my time as a National Patient Ambassador to help other kids," Connor said. "I want kids to know that no matter what they look like, or how they walk, or what makes them different – that they shouldn't let anyone else make them feel bad. I want to help other kids feel good about themselves and their differences. I'm excited to make an impact on other Shriners kids' lives and spread awareness about our amazing hospitals and Shriners."

Living Past Potentates

1977 – Homer R. Fitts	2000 – C. J. Murray (Deborah)	2013 – Alton Willard (Joan)
1988 – Jack C. Bacon (Carol)	2002 – Gary G. Centabar	2014 – Bruce Pelletier (Monica)
1991 – Homer D. Selby (Janet)	2004 – Michael A. Parent (Maureen)	2015 – Paul Mosher
1992 – Donald E. Tessier, Jr. (Pauline)	2006 – Leo A. Laflamme (Linda)	2016 – Kenneth Canning, Jr.
1994 – Roy C. Vance (Linda)	2008 – Harry E. Richard (Mickey)	2017 – Pierre Letourneau
1995 – Frederic T.W. Wall (Leslie)	2010 – Kristi C. Morris (Sharon)	2018 – Donald Karlovich (Karen)
1998 – Gerald A. Morong (Frances)	2011 – J. Patrick Sloan (Marie)	2019 – Michael A. Parent (Maureen)
1999 – Winston W. Harper (Rachel)	2012 – Shawn E. Kincaid (Jaqi)	2020 – Gary Luman, Jr. (Angela)

In Memoriam 2021

RUSSELL A. GOSLANT

Middlesex, VT

Born: 9/30/1928

Created: 1/21/1978

Died: 1/3/2021

KARL MOODY JR

Essex Junction, VT

Born: 12/21/1929

Created: 5/17/1975

Died: 3/14/2021