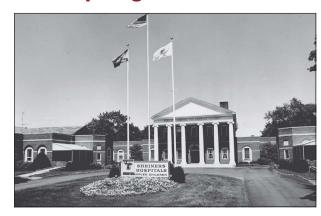


Springfield Shriners Hospital is 95 Years Young



The year 2020 is a milestone for Shriners Hospitals for Children in Springfield, Massachusetts, as we are celebrating 95 years of caring for kids! The hospital doors officially opened to patients and families on February 21, 1925, and was originally built to provide pediatric orthopaedic specialty care to children stricken with polio.

To this day, the Springfield Shriners Hospital remains the only freestanding specialty children's hospital in

Massachusetts located outside of Boston. It is also one of 22 Shriners Hospitals for Children locations throughout North America, which notably makes up one of the largest pediatric health care systems in the world.

Our focus on treating children with congenital and acquired orthopaedic conditions continues to evolve, leading to the noteworthy expansion of service lines. In the 1990s, the hospital expanded its ortho-



paedic services to include care for children with cleft lip and palate, rheumatology, and chest wall deformities. Today, the hospital also offers sports health and medicine, inpatient rehabilitation, pediatric urology and fracture care to meet the current health care needs of the pediatric population.

In addition to a broad range of specialty services, families enjoy the convenience of having their child's treatment and therapeutic care provided under one roof. This comprehensive care includes high quality inpatient surgical and outpa-

tient care; a motion analysis center (utilizing a 3D motion capture system), physical, occupational and speech therapies and a state of the art rehabilitation gym; orthotic and prosthetic services; and radiology with ultra-low dose X-ray imaging, in addition to many support services.

In 2019, we treated over 12,000 children in our outpatient and inpatient areas, and look forward to continuing to care for countless more for many years to come.



Upcoming Events

Mt. Sinai #3 Mini Choppers Golf Tournament Saturday, July 25, 2020

Fall Ceremonial

Saturday, October 10, 2020

Shriners International

http://www.shrinersinternational.org

Shriners Village

https://www.shrinersvillage.com

Shriners Hospitals for Children

http://www.shrinershospitalsforchildren.org

Upcoming Events Shrine Bingo

August 9 September 13 October 4

Elected Divan Officers

Potentate Gary Luman, Jr.

1626 VT Rt. 10, Chester, VT 05143 802,875,3542

Chief Rabban Jim Smith

925 Texas Hill Rd., Huntington, VT 05462 802.355.2045

Assistant Rabban Bruce Pelletier 18 Laurie Avenue, St. Albans, VT 05478

18 Laurie Avenue, St. Albans, V 802.527.1139

High Priest & Prophet Scott A. Boyer

75 Laplante Rd., Cavendish, VT 05142 802.484.8969

Oriental Guide Cameron Ludwig

74 Mackville Rd., Hardwick, VT 05843 802,730,4146

Treasurer Michael Parent PP

PO Box 423, Richmond, VT 05477 802.434.2055

Recorder Mike G. Gunn

83 Fairgrounds Rd., Springfield, VT 05156 802.885.4060

Appointed Officers

1st Ceremonial David E, Coffey, Sr.

94 Beckley St., Barre, VT 05641 802.476.4326

2nd Ceremonial Vacant

Captain of the Guard Donald Karlovich

PO Box 104, North Troy, VT 05859 802.988.4089

Shrine Chaplain Ken Johnson

4714 Rte. 14 S, Irasburg, VT 05845 802.754.8417

Provost Marshal James G. Murphy

336 Union St., Newport, VT 05855 802.334.5326

Director, 1st Section Gerald A. Morong, PP

76 Prospect Hill Road, St. Albans, VT 05478 802.524.6637

Shrine Attorney M. Jerome Diamond

PO Box 1460, Montpelier, VT 05602 802.223.6166

Julie Stark

2 Academy St., Barre, VT 05641 Monday, Wednesday, Friday 9 AM – 12 PM 802.476.9266

Mount Sinai Shriners No. 3

2 Academy St., Barre, VT 05641 Tel. 802.476.9266, Fax 802.476.9263 email mtsinai3@myfairpoint.net, www.mountsinaishriners.org



Mt. Sinai Shriners #3

Note from the Potentate

We are in a very strange time and as a collective group the Divan is trying to find the best solution to some of the ongoing issues we are facing.

As many know we have had to cancel 3 Bingos so far this year. We have Bingos schedule for July-December and the hope is we will be able to hold these. We will keep the Facebook page updated if/when schedules change for them.

Bingo is the largest fundraiser for the temple so this comes as a huge economical blow to our temple. Because of this we are starting to get creative with other means to raise the funds needed to keep us in good standings till this crisis is over.

The first raffle of the year is coming to an end and the new raffle will begin shortly. The new raffle will be for another quilt, a heart shaped hand tied rug created by a friend of the Shrine, as well as a beautiful Hope Chest that was crafted by our very own PP Gerald Morong.

On to sad news, the following events have been cancelled for the year:

Mt. Sinai/Cairo joint visitation Imperial Session – Kansas City



NSA Field Days

Spring Ceremonial

There is still a couple of visitations scheduled for October that may be able to be held we will update everyone if they are able to proceed.

At this time the Football game is still planning on being held but how that will look is unknown at this time.

If anyone has any ideas for future fundraisers that are in line with current state directive please reach out.

Yours Fraternally, Gary Luman - Potentate 2020

From the Chief Rabban Jim Smith

All Nobles.

I hope all are staying healthy along with your family members. This has really put some stresses and pressures on us all that's for sure. Good hand-washing is key and getting some fresh air when you can.

Second note of business, we have started working on our Second Raffle for a wooden (Walnut) Hope Chest, Heart Rug and an awesome Quilt. If you need tickets please Reach out to me for some. Do your best to get out to sell them. I know we are all home bound right now but heck, reach out to your family or your neighbor when bringing them a roll of TP. Tickets are \$5 each this time around. If you need more or have some stubs with money to turn in mail to: ***STUBS AND MONIES DUE September 1st***

Jim Smith 925 Texas Hill Road Huntington, VT 05462 802-355-2045

cr@mountsinaishriners.org

Last notable item for now, I also see that there has been some interest in the Nobility to go visit a Hospital. once we are all in the clear from this COVID19 virus, the Divan will work with PP Jerry Morong to get a bus trip on the books.

If any Noble has some good Fundraising ideas please send me an email so we can chat more. We are in the works right now for what will be our second raffle for this year. Also, working with the Potentate to reschedule the Walka-Thon and family BBQ. As soon as it is safe for all to gather the word will be sent out.

Thanks All for keeping this Temple great. Keep the New Noble leads coming in. We are on track for a bang up year.

Jim Smith Chief Rabban

Elected Heads of Shrine Clubs

Northern Vermont Shrine Club

Gerald A. Morong, PP, President 76 Prospect Hill Rd. St Albans, VT 05478 802.524.6637

Board of Directors

Gary Luman, Potentate
James Smith, Chief Rabban
Bruce Pelletier, Assistant Rabban
Scott Boyer, High Priest & Prophet
Cameron Ludwig, Oriental Guide
Michael Parent, Treasurer
Mike G. Gunn, Recorder

Representatives to 2020 Shriners International

Kansas City, MO, July 5-9, 2020 Gary Luman, Potentate James Smith, Chief Rabban

Shrine Maple Sugar Bowl Board of Governors

Michael Spackman, Vice President Kristi Morris, General Chairman Tim Roberts

Turban Times Boosters 2020

Scott & Jennifer Bover

Mike & Gloria Gunn

Ken & Bev Johnson

Pat & Marie Sloan

Jim & Laura Smith

Gary & Angela Luman

Kristi & Sharon Morris

Logan Gabbert

Shriners Hospitals Board of Governors

Springfield - Eileen Watson 413-787-2011

Associate Member - Kristi Morris, PP 1/1/2018 to 12/31/2018

Max is three - 3 year terms

Boston - Dolores Sansone 617-722-3000 William Tinney: 1/1/2018 to 12/31/2020

Associate Member: Open

Montreal - Tammy Johnson 518-842-4464

Associate Member: Ken Johnson 1/1/2018 to 12/31/2018

Mount Sinai Officers Maple Sugar Bowl

Robert G. Blow, Past President Frank C. Maynard, PP, Past President David Lovell, Past President

Be a Booster

The *Turban Times* offers nobility the opportunity to participate in and support the Turban Times through purchase of Booster Page recognitions. Examples:

"Mr. & Mrs. Joe Noble"

"Unit Name"

"Noble's Name"

Single line Column Entry will appear throughout 2020 for \$20. A great gift idea for families and friends.

Unit Membership listings are \$8.00 per line.

Payment made to: Mt. Sinai #3

Forward your list and funds to: Mt. Sinai #3 2 Academy St. Barre, VT 05641

Elected Heads of Units

Mount Sinai Patrol

President, Norman C. Dix 102 Hollister Hill Rd., Plainfield, VT 05667 802.454.8436

Email: Judyfowler29@gmail.com

Mount Sinai Provost Guard

Provost Marshall, James G. Murphy 336 Union Street, Newport, VT 05855 802.334.5326, Email: Jim@adavt.com

Mount Sinai Joes

Boss Clown, Gary Luman 1626 VT Rt. 10, Chester, VT 05143 802.875.3542

Email: galuman2020@gmail.com

Mount Sinai Motor Corps

Corpsmaster, David R. Baker 11 Sunset Terr., St. Albans, VT 05478 802.524.9315

Email: drbaker81@comcast.net

Mount Sinai Clown Jewels

Boss Clown, Alan G. Clark, Sr. PO Box 277, East Barre, VT 05649-0277 802.479.1938

Northeast Kingdom Fire Brigade

Chief, Ken B. Johnson 4714 Rt. 14, S. Irasburg VT 05845 802.754.8417, Email:Kenlocks@comcast.net

Mount Sinai Cycle Unit

President, Dean L. Goulet PO Box 450, S. Royalton, VT 05068 802.291.0217

Email: Dunrovinrealestate@gmail.com

Mount Sinai Drama-daries

President, Gerald A. Morong P.P. 76 Prospect Hill Rd, St. Albans, VT 05478 802.524.6637, Email: Jerrym@surfglobal.net

Mount Sinai Mini Choppers

President, Donald J. Karlovich PO Box 104, North Troy, VT 05859 802.988.4089

Email: Donaldkarlovich@yahoo.com

Mount Sinai Shriners Bingo Upcoming Schedule

August 9
September 13
October 4
November 8
December 6



Champlain Valley Exposition

Route 15 Essex Junction, VT

Doors Open: 10:30 AM Early Birds: 12:30 PM, Regular Bingo: 1:00 PM

Info: 802.434.2055 mtsinaibingo@gmavt.net

Turban Times Submission Deadline

August 5 September 20

Players & Workers Needed Mt Sinai Shriner's Bingo is Sunday, August 9th.

We are in need of a lot more players. Let's increase attendance!

Please print a couple flyers and put them up around town.

Also - when it is your unit's turn to work we really need you to turn out.
We have a core group of people there

every month and the help is greatly appreciated.

Springfield Shriners Hospital offers Fast Track Video Visits to patients

To help ensure safety and access to care during the COVID-19 pandemic, the Springfield Shriners Hospital offers virtual patient appointments called Fast Track Video Visits (FTVV). Springfield Shriners Hospital providers can now connect with eligible patients and their families via video software to conduct a number of patient visits, including appropriate new patient consultations, follow-up visits, treatment plan discussions and physical therapy appointments.

Fast Track Video Visits enable patients and their families to remain at home and connect with their providers through a secure video telecommunications connection. With a focus on safety, convenience and patient satisfaction, the Springfield Shriners Hospital staff hopes FTVV will ease any stress related to maintaining appointments while complying with social distancing recommendations.

FTVV will not replace all in-person visits. Some of the circumstances that will continue to require an in-person visit include new injuries, the need for imaging, patients who need adjustments to their orthotic or prosthetic devices, and patients who may require a detailed physical examination.



However, by utilizing FTVV, our providers will be able to reduce the number of patients who need to come to the hospital, while still providing the same level of specialized care that our patients and families have come to expect.

Seasonal Burn Safety

By Melissa Gorman, MSN, NPD-BC, CCRN-K, Clinical Education Coordinator Shriners Hospitals for Children — Boston

The following tips can help prevent these burn-related injuries in children.

Sunburns

In addition to being painful, serious sunburns can increase the risk for skin cancer later in life. Here is what you can do to help minimize your child's risk of sunburn.

- Keep infants out of the direct sun and dress them in a hat and lightweight clothing that protects the arms and legs.
- For children and infants over 6 months, liberally apply sunscreen with SPF 30 or greater to all exposed areas.
- Reapply sunscreen every 2-3 hours, or more often if your child is playing in water or sweating.

Campfires

Campfires and fire pits are a popular summertime activity, but pose a safety risk. Some tips to decrease campfire related burns include:

- Never use an accelerant such as gasoline on or near the fire.
- Establish a safe zone (at least 3 feet away from the fire) where children are not allowed to enter.
- According to the American Burn Association, 70% of campfire burns are caused by embers rather than flames, and fire pits can retain heat for up to 12 hours after being extinguished.

Grills

Grilling is a summertime staple! Enjoy those delicious hot dogs and hamburgers, but remember these important tips:

• When using a charcoal grill, never use gasoline to accelerate the fire, and keep matches, barbecue lighters and

other flame sources out of reach of children.

- Only use a grill outdoors and position it away from siding, deck railings, trees and play areas. Never grill indoors, on a balcony, near a house or near a tent.
- Never turn on the gas or light the grill with the lid closed! Leaving the lid closed can cause an unexpected explosion, leading to serious injuries.



COVID-19 (coronavirus): What to expect at Shriners Hospitals for Children Boston



The health and safety of our patients, families, volunteers and employees is our highest priority at Shriners Hospitals for Children — Boston. Our administrative and medical staff are working closely with public health and emergency preparedness officials as we manage the COVID-19 pandemic.

In order to protect our hospital family and not contribute to unnecessary community exposure, we have reduced our patient care to essential services as determined by our medical staff and clinical leadership. This is following Governor Charlie Baker's directive and is aligned with Massachusetts public health policy and other SHC locations.

The following procedures have been put in place:

- We are working with families to reschedule outpatient appointments.
- All elective surgeries have been postponed until further notice.
- All public events at the Boston Shriners Hospital have been postponed until further notice.
- All hospital tours have been suspended.
- The Blossom Café is open only to patients, families and staff. All meals are being served as "take out" due to the Governor's directive prohibiting dine-in service at eating establishments statewide.

Our Incident Command (IC) crisis management structure has been initiated to help assure we have daily leadership focus on managing the COVID-19 crisis. The IC team meets daily to review the current situation and plan the next 24 hours. We will continue to keep you informed in this ever-changing environment through regular email updates and communications from the Administrator.

The health and safety of our patients, families and staff is our highest priority at Shriners Hospitals for Children — Boston. Our administrative and medical staff are continuing to work closely with public health and emergency preparedness officials as we manage the COVID-19 pandemic.

We have begun rescheduling postponed surgical appointments and our operating rooms are available for priority cases beginning on June 1. We have implemented new screening and visitor protocols to protect our hospital family, which will remain in effect until further notice.

Please keep yourself educated and follow updates from the Centers for Disease Control and the World Health Organization.

Thank you for your continued cooperation as we manage this public health crisis together.

Canada Shriners Hospital Invitational

Elm Ridge Golf and Country Club Monday, August 3, 2020

The Canada Shriners Hospital Invitational, our annual golf tournament, was launched in 2011 to support the Exceptional Care for Exceptional Kids Campaign. Since its inception, our efforts have raised over 4 million dollars. The Canada Shriners Hospital Invitational has grown into one of the most highly sought-after events of the year. It is not just another tournament; it is an event that emulates the very values espoused in the care we provide to the children we proudly treat each and every day.



The 2020 tournament will be taking place on Monday, August 3, at Elm Ridge Golf and Country Club.

10:30 a.m.

Registration and Mimosa; Silent Auction is open; Brunch

12:30 p.m.

Shotgun

5:00 p.m.

Cocktails and Silent Auction continues

6:00 p.m.

Dinner and Awards

8:00 p.m.

Silent Auction and Raffle Close; Live Auction begins

9:00 p.m.

End of the evening

By supporting the Canada Shriners Hospital Invitational, you will help Shriners Hospitals for Children — Canada continue to change lives through innovative pediatric specialty care, world-class research and outstanding medical education. Located in Montreal, we are a bilingual, short-term, acute care centre providing elective pediatric orthopaedic health care and rehabilitation to children from across Canada and around the world.

Just imagine...Because of your generosity, a boy who could barely stand takes his first steps thanks to much-needed surgery and physiotherapy. A girl who walked on her knees because of severe malformations can now play soccer with her friends thanks to treatment and prostheses, because of your support.

Living Past Potentates

1977 - Homer R. Fitts

1980 - Frank C. Maynard (Linda)

1988 – Jack C. Bacon (Carol)

1991 - Homer D. Selby (Janet)

1992 - Donald E. Tessier, Jr. (Pauline)

1994 – Roy C. Vance (Linda)

1995 – Frederic T.W. Wall (Leslie)

1998 – Gerald A. Morong (Frances)

1999 - Winston W. Harper (Rachel)

2000 – C. J. Murray (Deborah)

2002 - Gary G. Centabar

2004 - Michael A. Parent (Maureen)

2006 – Leo A. Laflamme (Linda)

2008 – Harry E. Richard (Mickey)

2010 – Kristi C. Morris (Sharon)

2011 – J. Patrick Sloan (Marie)

2012 - Shawn E. Kincaid (Jaqi)

2013 – Alton Willard (Joan)

2014 – Bruce Pelletier (Monica)

2015 - Paul Mosher

2016 - Kenneth Canning, Jr.

2017 – Pierre Letourneau

2018 – Donald Karlovich (Karen)

2019 – Michael A. Parent (Maureen)

In Memoriam 2020

LLOYD PHELPS East Calais, VT Born: 5/27/1937

Born: 5/27/1937 Created: 6/8/1985 Died: 3/1/2019

RUDOLPH ERNO Jefferson, VT

Born: 12/11/1933 Created: 10/1/1997 Died: 4/29/2019

JAMES M. HEBERT Stark, NH

Born: 6/20/1939 Created: 10/7/1961 Died: 5/21/2019 WILLIAM W. GRAHAM

S. Glens Falls, NY Born: 11/8/1927

Created: 6/3/1989 Died: 6/20/2019

LOUIS BARBER Derby Line, VT Born: 4/15/1935

Created: 5/17/1975 Died: 7/12/2019

HARVEY BLACKMER STOCKBRIDGE, VT

Born: /20/1927 Created: 5/8/1971 Died: 11/5/2019 CHESTER CHABOT Manchester, NH

Born: 8/31/1928 Created: 6/17/1978 Died: 12/22/2019

BURT C. MCGOWAN St. Albans, VT

Born: 6/8/1932 Created: 7/31/2004 Died: 4/2/2020

GORDON M. CRANDALL White River Jct., VT

Born: 10/26/1928 Created: 5/17/1975 Died: 4/2/2020 TOM BAIRD Springfield, VT Born: 6/15/1944 Created: 5/19/198

Created: 5/19/1984 Died: 6/16/2020